

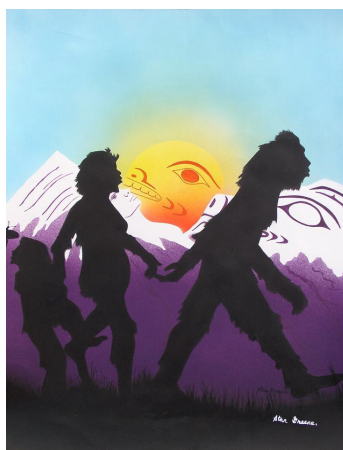


Xwélmexw Let'se Mot — Let'se Thale  
People with One Mind — One Heart

# xyolhemeylh

Annual Aboriginal Family Forum:  
offering workshops on strengthening families

**WINTER  
2014**



*The Annual Family Forum will take place over two days at the Neighbourhood Learning Centre in Chilliwack (located at Chilliwack Secondary School).*

Fraser Valley Aboriginal Children and Family Services Society is host to the ANNUAL ABORIGINAL FAMILY FORUM in February. The theme "FINDING YOUR WAY IN YOUR HEALING JOURNEY" continues with an emphasis on *Strengthening Families*. This is an excellent opportunity to look at collaborative approaches, inspiration and support in dealing with family issues such as parenting, family structure, conflict resolution, culture, health, etc. Hear from great speakers about life and family as we learn from each other.

We look forward to seeing you soon!

Registration forms can be found on the web site <http://www.fvacfss.ca/publications-resources/forms> or by visiting one of our regional offices. Register by February 4th and win an early bird prize!

*If you have questions about the forum or need assistance in finding information, please e-mail [info@xyolhemeylh.bc.ca](mailto:info@xyolhemeylh.bc.ca)*

continued on page 2

## WHAT'S INSIDE:

**FVACFSS Annual Family Forum: Win a Prize for Early Registration**

**PAGE 2**

**FVACFSS 4-Directions Youth Group**

**PAGE 3**

**Aboriginal Employment & Career Fair**

**PAGE 4**

**Back to Health... For Good**

**PAGE 5**

**POW WOW Dance Program**

**PAGE 6**



# FVACFSS ANNUAL ABORIGINAL FAMILY FORUM



**FINDING YOUR WAY  
IN YOUR HEALING JOURNEY  
"STRENGTHENING FAMILIES"**

**FEBRUARY 25-26, 2014  
46363 YALE RD, CHILLIWACK**

**DOORS OPEN AT 8:45 AM**

**WORKSHOPS 9AM TO 3:30PM**

*Online registration form is  
available at [www.fvacfss.ca](http://www.fvacfss.ca)  
You can register by one of the  
following ways:*

**E-mail to [info@xyolhemeylh.bc.ca](mailto:info@xyolhemeylh.bc.ca)**

**Mail/Drop-off FVACFSS, Attn:  
Family Forum, #1-7201 Vedder Rd,  
Chilliwack, BC V2R 4G5**

**Phone 1-800-663-9393**

**Fax 604-824-5326**

**LOCATED AT THE NEIGHBOURHOOD LEARNING  
CENTRE (CHILLIWACK SECONDARY SCHOOL)**

**- FREE WORKSHOPS - LUNCH PROVIDED -**

**- DOOR PRIZES - REGISTRATION REQUIRED FOR  
CATERING PURPOSES BY FEBRUARY 18TH -**

**NEED MORE INFO: E-MAIL NATALIE BRANDON, EVENTS  
COORDINATOR AT [INFO@XYOLHEMEYLH.BC.CA](mailto:info@xyolhemeylh.bc.ca)**

**WIN A REGISTRATION  
PRIZE\*!**

**REGISTER BY FEBRUARY 4TH  
TO BE ENTERED TO WIN AN EARLY  
BIRD REGISTRATION PRIZE.**

*\*To be eligible you must be signed in  
at the registration table at the forum.*



**FRASER VALLEY ABORIGINAL CHILDREN AND  
FAMILY SERVICES SOCIETY**

**[WWW.FVACFSS.CA](http://WWW.FVACFSS.CA)**

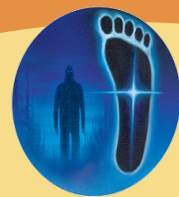
# **FVACFSS 4-DIRECTIONS YOUTH GROUP!**

For youth 7 to 12 years of age who would like to be involved in traditional teachings, working with other youth and taking part in recreational activities

1st and 3rd Tuesdays of each month  
from 3:00pm to 4:30pm  
January to April 2014

Location: Xyolhemeylh Langley Office  
Board Room, Suite 102-20621 Logan Avenue

**For more info or to register contact  
Gary Robinson at (office) 604-533-8826  
or (cell) 604-866-4076 or (e-mail)  
gary.robinson@xyolhemeylh.bc.ca**



## **Calendar of events**

### **Back to Health....For Good**

**Health Fair - Mission Leisure Centre  
7650 Grand Street, Mission  
January 11, 2014**

Come down to the Mission Leisure Centre where you can meet professionals providing health related services in our community. FREE ADMISSION. Attend presentations all focusing on Balancing Wellness - Physically, Mentally, Spiritually, Socially and Emotionally. FVACFSS Community Engagement Worker will be available at this event from 12-4PM.

### **4-Directions Youth Group**

**Xyolhemeylh Langley Office  
Suite 102-20621 Logan Avenue, Langley  
January - April 2014**

**Monthly on the 1st and 3rd Tuesday**

For youth 7-12 years of age who would like to be involved in traditional teachings, working with other youth and taking part in recreational activities. For information or to register contact Gary Robinson, Community Engagement Worker at 604-533-8826 (office) or 604-866-4076 (cell)

### **Pow Wow Dance Program**

**Nicomekl Elementary School Multi-Purpose Room  
20050-53 Avenue, Langley  
January - April 2014 on Wednesdays**

Gain an understanding of Aboriginal traditions and culture for the three days or just join for one. This camp has lots of activities to learn about culture through games, crafts, drumming, singing, canoeing and more.  
A great opportunity to network and share.

### **Annual Aboriginal Family Forum**

**Finding Your Way in Your Healing Journey  
46363 Yale Road, Chilliwack, BC  
February 25 - 26, 2014**

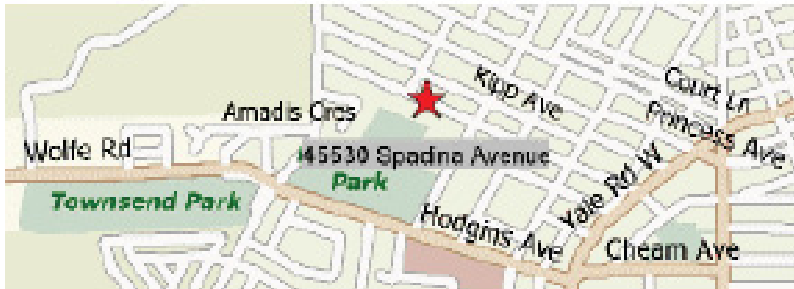
Looking for an opportunity to gain inspiration and support in dealing with family issues such as parenting, family structure, conflict resolution, depression, community groups etc? This is a valuable opportunity to get together with others and share our experiences, as well as hear great speakers teach about life and family.

Free two day conference with emphasis on STRENGTHENING FAMILIES is open to Aboriginal people, caregivers and service providers of Aboriginal children. Door prizes and more! Doors open at 8:45AM with forum scheduled from 9AM-3:30PM. Lunch and snacks provided. Note: Registration is required for planning purposes and recommended by February 4th. Registration forms are available online at [www.fvacfss.ca](http://www.fvacfss.ca), regional offices or by e-mail request to [info@xyolhemeylh.bc.ca](mailto:info@xyolhemeylh.bc.ca)

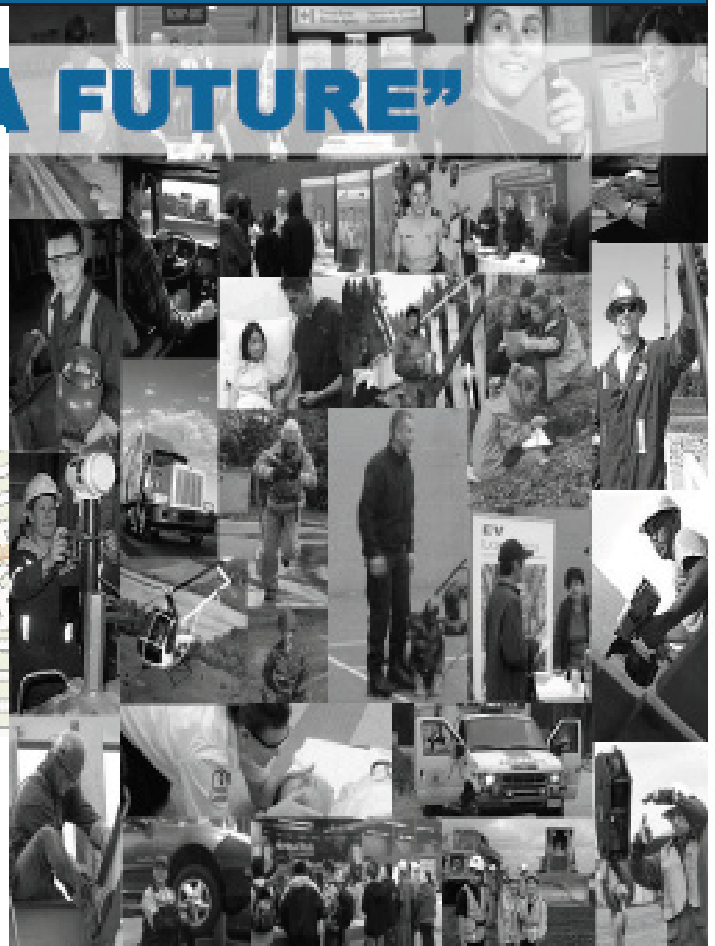
# ABORIGINAL EMPLOYMENT & CAREER FAIR

## “BUILDING A FUTURE”

**FRIDAY**  
**FEBRUARY 7, 2014**  
**10:00 AM TO 2:00 PM**



**Landing Sports Centre (Ag-Rec Centre)**  
**45530 Spadina Avenue**  
**Chilliwack, BC**



**Career Booths • Guest Speakers • Employers**  
**Morning Coffee, Fruit, and Muffins**  
**Lunch Provided**

To Register:  
Complete the attached Participation  
Registration Form and  
Fax to 604-858-4741 or Email  
[Luwana.Williams@stolonation.bc.ca](mailto:Luwana.Williams@stolonation.bc.ca)

For Further Information Call:  
Luwana Williams  
Special Projects Coordinator  
1-877-847-3299 (local 2672)  
Or 604-824-2672



### PRIZES

• XBOX 360 • IPOD TOUCH  
& Much More



The Chilliwack  
**Progress**

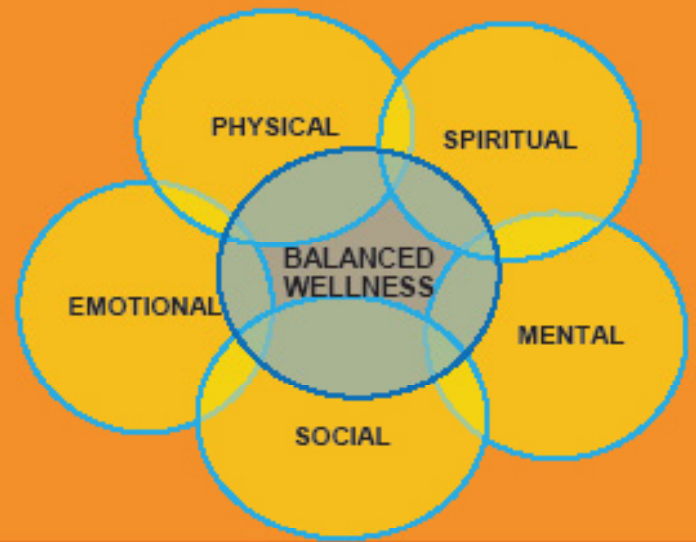
Sponsored By:  
Sto:lo Aboriginal Skills & Employment Training and  
Sto:lo Nation Community Development Department





Back to Health...  
For Good

# Health Fair



**Saturday, January 11, 2014**

**12 - 4 p.m. • Mission Leisure Centre (7650 Grand St.)**

Come down to the Mission Leisure Centre where you can meet professionals providing health related services in our community. **FREE ADMISSION** to this event is your opportunity to educate yourself about the community services that are available, participate in activities and attend presentations all focusing on *Balancing Wellness – Physically, Mentally, Spiritually, Socially and Emotionally.*

**FREE ACTIVITIES:**

**FLU CLINIC** by Mission Public Health

**HEARING SCREENINGS** by Connect Hearing

**SWIMMING, FITNESS** Classes and **WEIGHT ROOM** access (12:00 - 4:00 p.m.)

**SKATING** (1:00 - 2:30 p.m.) – The Mission Figure Skating Club will perform at 1:00 - 1:30 p.m., to be followed by **Public Skating** at 1:30 - 2:30 p.m.

**CPR Demos, Fire Truck Tours, and Firefighter Obstacle Course** with Mission Fire/Rescue

**Interactive Demos on Impaired/Distracted Driving** with Mission Crime Prevention Office

**2014 BC Winter Games Volunteer Information & Registration**

**Door Prize Draws ... and so much MORE!!**

For more information:  
call 604-820-3700 or  
visit [www.mission.ca](http://www.mission.ca)

DISTRICT OF  
**Mission**  
ON THE FRASER



**fraserhealth**

Better health.  
Best in health care.

# POW WOW Dance Program

## January - April 2014



Pow Wow Dance program for children 5 to 13 years of age with instructor Leslee Picton. For more information or to register, please e-mail Leslee at [lesleejp@hotmail.com](mailto:lesleejp@hotmail.com) or call Gary Robinson, Community Engagement Worker at 604-533-8826. This program is sponsored by the Fraser Valley Aboriginal Children and Family Services Society (Xyolhemeylh) and School District 35 Aboriginal Programs.

Venue: Nicomekl Elementary School-Multi Purpose Room Entrance  
20050-53rd Avenue, Langley

Date: Weekly on Wednesday

Time: 6pm to 7:15pm

going  
green:

You can help by  
signing-up  
for our newsletter at  
[www.fvacfss.ca!](http://www.fvacfss.ca)

### resources available:

Mission Friendship Centre, 33150A 1st Ave, Mission  
phone: (604)-826-1281 web: [www.mifcs.org](http://www.mifcs.org)

Lower Fraser Valley Aboriginal Society  
phone: 604-533-2514 web: [www3.telus.net/lfvass](http://www3.telus.net/lfvass)

Xolhemet Society Outreach, 45555 Knight Road, Chilliwack  
phone: 604-858-2468

Federation of Aboriginal Foster Parents  
phone: 1-866-291-7091 web: [www.fafp.ca](http://www.fafp.ca)

1 800 668 6868  
KidsHelpPhone.ca

Kids Help Phone



## XYOLHEMEYLH

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**Address** #1-7201 Vedder Road, Chilliwack BC V2R 4G5

**Web** [www.fvacfss.ca](http://www.fvacfss.ca)

The Fraser Valley Aboriginal Children  
and Family Services Society website  
provides a comprehensive source of  
information and services.

With the latest "events" posted on our  
calendar, career opportunities and  
you can also read the newsletter,  
plus much more.

Click on [www.fvacfss.ca](http://www.fvacfss.ca) today!

